# Only Broken Waves Know the Ocean

Poetry & Lyrics

**ROBERT AUGUSTUS MASTERS** 

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### For Diane

my beloved & partner in all things through whom I continue to be drawn from the prosaic to the poetic in all that I do & am

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#### POETRY DOESN'T EXPLAIN BUT REVEALS

Poetry doesn't explain, but reveals.

It simultaneously unsettles and roots us, opening unsuspected doors with keys crafted from an uncommonly creative interplay of language and what language represents.

The results of this — which include transporting us into intimate proximity with the mysteries of the obvious — eventually bring to mind the question:

What is Poetry?

Part, perhaps most, of the answer dwells in the mapless overlap — the endlessly fecund gap — between what Poetry is and what Poetry does. And so I offer what follows more as description than definition.

When language's preconceptual roots — anchored in sensory and motor experience — get intimately entangled with concept-transcending vision, Poetry arises. There's new ground, aquiver and surging with green, too fertile not to give birth to the unseen.

Poetry is the original, primary, and most fittingly fluent language of the essential.

It is the depth-igniting, aesthetically precise expression of revelatory significance, lucidly intoxicated with its subject matter, at once lyrically framed and slipping out of its frames.

Poetry both precedes and transcends prose.

Poetry is language that attempts to stretch beyond language, holding the tiniest details with surprising care, extracting from them forgotten gems, hidden labyrinths, sudden reminders, misplaced universes, much needed odysseys.

Poetry is the soul's native tongue, awake to both the finest of distinctions and the most immense of realizations, holding both with equal curiosity and care.

Poetry is articulation that uses not only words, but also the spaces between, below, beside, and above words, spawning realizations which have the power to reel us into unsuspected depths of understanding.

Poetry is simply prose gone native, prose on the loose, skinny-dipping in felt

significances, arranging itself so as to maximize the odds that it won't be read like standard fare, nor like a handful of symbols, nor like something in need of dissection or deconstruction.

Poetry usually says a lot without saying or having to say a lot, being just as intimate with existential paradox as it is with the soapy dishes that don't give a damn if whoever's washing them is young or old, wise or foolish, sinking or rising.

Poetry is what happens when we are outwritten by what we are writing, and not just outwritten, but outdanced, outshone.

Poetry wings the ordinary and roots the extraordinary.

Where prose reports, Poetry unveils. Where prose marches, Poetry dances. Where prose makes sense, Poetry makes more than sense.

Where prose proclaims the mystical to be ineffable, Poetry gives it a voice, daring to express the supposedly inexpressible, while providing its audience with hearing aids and front-row seats.

Poetry is aesthetically translated epiphany in verbal form. All we need to do is permit ourselves to see firsthand the dancing particles and pulsing fluidity in its crystallized presentations. The price of admission? A sense of wonder.

Poetry is more invitation than presentation.

Poetry is best read — and heard — in a state of natural intoxication, with no time constraints and with all the senses attuned to the slightest stimulation, the subtlest of shifts.

Poetry should not be so much read as imbibed, perhaps after releasing its juices with an unapologetically vital bite or two. No bibs. Sit as though you are at a feast, even if the fare is spare, knowing that the tiniest morsel can make the biggest difference.

Don't touch Poetry with gloves; seize it, hold it close, smell and taste it, go skin-toskin with it, squeeze into its silences, navigate and ride its waves, making room for some messiness and turbulence in your relationship with it. Get into it until it is no longer an it.

If Life could be said to be the Poetry of Being, and Art the Poetry of Creativity, and Music the Poetry of Sound, and Intimacy the Poetry of Love, then how can we live without Poetry?

Poetry is evocation, incantation, excavation, nakedly dancing articulation. Surrender to its spell, letting it inhabit you, rearrange and change you.

Let Poetry take over your headquarters for a while. Let it touch you. Let it slip past your defenses. Don't try to figure it out; feel your way into it, just as you would with a dream. Don't expect an answer, but rather more intimacy with depth, and perhaps also with what's beyond depth.

Again, Poetry doesn't explain, but reveals.

Listen to it with more than your ear. Let its music get way under your skin.

Walk with it, talk with it, go a few rounds with it, dance with it, be diverted and courted and transported by it, giving it your hand and hunger. Let it plug you into your own natural-born poetic impulses, intuitions, and conversations, with no interference from your indwelling critics, so that you don't just read Poetry, but also live and breathe it, about which my words lose their tongue in an avalanche of sobering astonishment, leaving only what's been here all along.

Welcome aboard.

NOTE: The lyrics are from my wife Diane's CD O Breathe Us Deep — my words, her vocals and music, ours to share as a free download from:

https://www.robertmasters.com/music/

#### I Lay My Flesh

I lay my flesh upon this broken bed letting pillows of pure space have my head undigested replays rippling through this infinite of days brushing back the edges of dreaming erasing handholds of meaning I lay my flesh upon this breathing earth sinking deeper than rebirth sensing lands too vivid to recall hugely breathing valley, peak, and pulsing all forest lungs singing green so green soaked in green enwrapping me in what cannot be seen I lay my flesh upon this flaming contingency again drawn into lucid transparency where one touch one fingertip signature lighter than the lightest

dreamtime breeze

ruptures a million tiny

sacs of certainties until only love's true shape remains

I stretch my flesh over this perishing place until it is but holes clearings in bare space leaving me free enough to not need a choice

Silence undresses me gives me its voice making more than sense out of the abyss teaching me to be awakened by all that exists is there any greater kindness than this?

#### **Inviting Pain in for Tea**

Early morning's dreams lingering for a few fast fading scenes spectral fists hammering me from the inside gatecrashing my dawning day

But I could go another way invite my pain in for a visit for more than a quick stay invite it closer and closer still while keeping just enough distance from it so it remains in clear view

The time — soon but space between thoughts broadens a bit I sit with my pain minus its drama and soon there arrives a trace of anchoring ease providing enough room to unfreeze

My clenched hurt unknots softens spreading out without a thought What's left of my distress charges around in a much bigger field snorting and fussing less and less running its head off slowing into lush green pasture Discomfort's still hanging around but no longer colonizing me fuller breaths now — purer arrival so much space here such inviting ground room for sun room for rain room for loss room for pain all held in the grace and vast care of what all of us cannot help but share

#### **Each Deep Parting**

Each deep parting cracks our heart but nothing gets broken except the notion we're apart

The cracks widen letting in and letting out what's too real to be spoken

Letting the space between the cracks breathe and expand leaves us lovers with love's core demand

Each deep parting shoulders its own aching but nothing's actually breaking except our nostalgia for an easier way

Our sharp and stormy hurt — shining dark ferries us heaving and weaving through fractured places until separation cannot separate us

Each deep parting skins our attachment our ribcage sudden sky

It is not our heart that cracks but its ossified shield — its bulletproof glass a guardian from a much younger time crumbling to less than dust as all constructions must

#### **Crucified in a Field of Facts**

Forget-me-nots halo my scars and help ring ring the temple bell dissolving amnesia's infectious anesthesia ancient seas seizing my sails waves stained with splintered dawn connecting what's above with what's below without homogenizing the show

When Truth arrived did you crucify it in a field of facts?

When you condemned the executioner did you see in your hands the bloody axe?

Unbroken light cradles our scars and schemes tomorrow's children painting our dreams a rain of dying petals lighting the crooked way home

#### **To See Anything**

To see anything — anything! as it truly is is to realize and not mind realizing that we don't know and cannot know what it — or anything else truly is

To see anything as it truly is is to recognize with more than our mind that it — like us is but Mystery even as we keep assuming otherwise

To see anything as it truly is is to see without eyes this being both no big deal and perpetual surprise

To see anything as it truly is is to see what's out of sight to know without thinking to homestead in the Unknown to freefall into endless intimacy with what we've been dying to see

It is of this that our undreaming eyes cannot help but speak even when speechless

#### Back, Back Goes He

Back, back to the clouds of speechless smoke Back, back to the charred shock Back, back to his beloved's remains Back, back to the day too bright Back, back to the bleeding silence Back, back to the fury too enormous to scream This, this his children blackened and frosty red This, this his tribe young and old and now so very cold

Back, back came he back from forest and plain Back, back came he back from the edge of forever Back, back came he back from the single eye Where he stands is holy holy is the ground Where he shakes is holy holy is the sound Back, back to his body goes he the slaughtered stirring through his flesh the night closing in wind whistling hard Where he sits is holy holy is the ground Where he mourns is holy holy is the sound

The fire he makes burns until dawn Wreaths of blue flames eating away his name Away, away walks he his goodbyes in the smoke Away, away walks he through the ruins of his pain Away, away walks he through his shattered remains Where he walks is holy holy is the land Where he goes is holy holy is the demand

Back, back goes he back into the forest dark Back, back goes he back to what was old when old began Back, back goes he back to the great waters Back, back goes he back to endless sky Back, back goes he back to what cradles his sorrow Back, back goes he back to a love with no tomorrow Back, back goes he back to the edge of forever

Where he sits is holy holy is the ground Where he dies is holy holy is the ground the Beloved within and all around

#### An Armchair Arbutus

Onto my lap you scramble and I'm a lowslung arbutus leaning rootbare — wild limbed upon a lip of knotty coastline receiving salty winds with more than arms open

I'm an armchair arbutus my skin polished fire sap sighing with your happy climb your abundant chin-drool anointing my bark waves of unmapped places overlapping in your eyes

Your laughter the sea's chant your play melts me where I'm weather-beaten inviting me to let my heartwood stream down to my roots and up through my balding foliage

Onto my lap you scramble uprooting my latest face redesigning my gaze your love soaks into me dissolving my knots releasing me from my thoughts until I'm resting easy and wild unconcerned about who's the child

#### **Eternity's Gypsies**

Stalled at the intersection of now and a truer now hanging on to vanishing solidity losing too much in the details haunted by disappearing trails

We arrive and depart stop and start doing our time playing our part

When we leave a dream what distance have we crossed? When we awaken what is lost? The deathbed a cradle newborns gumming at the edge

If it seems we've been here before it's because there's nowhere else to go We are Eternity's gypsies clinging to ghostly solidity a lifetime cupped in one quivering moment suspended in a droplet of forever hinting at a mind-shattering enormity as we make history and history makes us

#### The Undoing We Fear

When fissures appear in reality admitting slivers of a very different locality injecting us with dark unfamiliarity and swallowing another drink or changing how we think doesn't provide us with a return ticket we have a chance to ride a truer track if we don't get so crammed and jammed behind the wheel of our ambition that we run over what's always already here already more

electrifying than fear

So let the fissures wider crack allowing curiosity to get the better of dread letting the unknown dissolve in a deeper unknown seeing more than what is shown

The undoing we fear is already here the mystery of mysteries closer than near Beyond all familiarity we eventually must go this we fight

and this we know

When fissures appear in reality admitting slivers of a very different locality we may seem to be at the edge of insanity but the light streaming through the light holding every shape and every view is none other than us unbroken through all the coming and going all the fears of not knowing

#### **Crystal Cove**

Can't recall what I was reading to you when through our cabin window's wintry ocean view a stone's throw behind me a massive dome of blackened boulder did squat upon the sunset's flaming horizon underlined by churning white thunder

Your gasp cored the woodsy calm parachuting my book to my lap — turning me around to see with you — in high definition nosing up right beside and as tall as that stony dome an oblong presence — smoky and dazzling dark rivers of silver

zigzagging across its throat

Big mind in the sunset waters clearly casting its eye across the suddenly crystalline shore just long enough for us to attach our bare gaze to it while we waited in the quivering evening without a thought waiting for the depths to eject more of it and us

#### **Final Detox**

Sometimes we feel so bad convinced a fix must be had whatever helps take the hurt away however much we may have to pay

It might take a while before we plunge into our grief holding nothing more than a lifeline to what's deeper than all the dying

Detox works us right to the bone until we're at home with being alone our habits give up the ghost when we stop playing host

Cultivating intimacy with all that we are is the final detox helping digest our deepest shocks

On the way there are fixes to be had and not always because we feel bad

But freedom doesn't mind its chains endless discovery being what remains

#### **Dysentery Dharma**

Ten days pinned in this tiny concrete space sweating out the stink and the hundred plus degrees coughing dizzily heaving staring through my ragged breathing jagged pain howling in my skull punching out my eyes from the inside

Outside is India in its glory and rot matted cries and fragrant dust clattering color sledgehammer pain anchoring me squatting over a floor-hole fifteen times a day dysentery dharma frying with fever shivering and shaking covering my swollen eyes until night resting in the gaps between exhale and inhale

My room a hothouse overgrown with my illness the ceiling fan cools me no more than my dips into self-pity I quiver and sweat and sometimes float agony my secret intimate the shape of my flesh burned onto my filthy bedsheet my focus straying no further than my feet ugliness in one hand surrender in the other my suffering now and then but naked grace telling me to stop, stop, stop craving another place

Something's coming ungripped here amidst the phlegmy hackings of dawn and the too-bright daytime shows outside as I awaken in this dank fever-box this dirty little cubicle this groaning space so uncomplainingly full of my labor and the birthing I must face

#### When the Night Pulled Back the Bedcovers

When the night pulled back the bedcovers and I sat knees-up ashaking waiting for a sign sublime my mind looking for the time my body athrob with an eternal rhyme the windows did bulge with something unborn something I could not name something I could not contain

When the night pulled back the bedcovers and my breath was no longer mine and I knew knew the supreme design and darkness stormed my room so blinding bright my spine a stem so green and blazing white I could not help but give the night my hand letting it lead me through every shadowland

When the night pulled back the bedcovers and I arose from the ruins of my dreams and inside and outside were lovers and exhale was inhale I glimpsed a love that could not fail a love that was both ocean and sail and did cry out for having so much and for wanting more and for having done all this before an undreaming love deeper than my deepest fear inviting me to give the night my hand until I could not help but look through the eyes of every face no matter how dark the place

Surrounded by fiery womb was I the doors gone the walls immensely aquiver my mind no longer looking for the time new growth running wild through my room the windows a shattering of light and my whole being did shiver and quake until my frame of mind did break and I was in body what I was in spirit the great night shining wild forever full of child

# LYRICS

#### Last Sigh of a Vagabond Wave

My face is unveiled sky and timeless dream dew-brightened dawn and shadow-dappled stream gnarled coastline and jagged-blossomed storm ever bursting through the roof of what's unborn

Gone, gone, gone am I birthing me am I struggling deep-sea drop am I

My body's spun from gravity and boundless light dreaming of gypsy joys and knotted night soaring over cobblestone oceans of cloud ever sailing through the walls of what's allowed

Gone, gone, gone am I birthing me am I green fire of wild places am I

My life sings and bleeds in colors bare and bright riding waves of shattered moon through the night

Nothing is moving yet everything's in motion only broken waves will ever know the ocean

Gone, gone, gone am I birthing me am I last sigh of a vagabond wave am I And this too am I where Mystery is all that's known where love is what is being grown where silence tells the ultimate story where life blazes in all its pain and glory

Gone, gone, gone am I birthing me am I last sigh of a vagabond wave am I dying to live

#### Look for Me

Look for me where storms blow open the gates Look for me where broken boats cross the straits Look for me where the sea shines with shattered sky Look for me where you can no longer lie Look, look for me where joy and pain disappear into sun and rain Look for me where broken hearts take wing Look for me where hidden longings must sing Look for me where your body bends with grief Look for me where you feel the birth of each new leaf Look, look for me where joy and pain disappear into sun and rain Look for me where the first of us searched the sky Look for me where the last of us is saying goodbye Look for me where you're broken enough to be whole Look for me where love's the ground and not the goal Look, look for me where joy and pain disappear into sun and rain Look for me where darkness sheds its shadow Look for me where buried dreams still glow Look for me where you forget and you fall Look for me where silence says it all

Look, look for me where joy and pain disappear into sun and rain

Look for me where the land is wild with naked wonder Look for me where jagged shores moan with white thunder Look for me where the sea is ablaze with dawn Look for me where everything's already gone Look, look for me where joy and pain disappear into sun and rain

Look for me where we must dance and die Look for me where forehead is an infinity of sky Look for me where you awaken in the night Look for me where there's nothing but unbroken light Look, look for me where joy and pain disappear into sun and rain

#### **O** Breathe Us Deep

The waves arrive one by one sparkling with remembered sun ancient songs seizing our tongue the temple rising out of the blue broken pillars now solid and true

O breathe us deep, breathe us strong breathe us full, O breathe us home

The waves arise with shining grace stained with dawn's burning face we won't leave this broken place until we release our golden chains bursting through the slumber and pain

O breathe us deep, breathe us strong breathe us full, O breathe us home

It is time to turn from the old it is time to come in from the cold frozen pain will bind our soul until we're freed from our tomorrows no longer chained to old sorrows

O breathe us deep, breathe us strong breathe us full, O breathe us home

And once again here we are gathered together from afar each a spark from a dying star our awakening heart is the clearing for the Holy Deep we are nearing

O breathe us deep, breathe us strong breathe us full, O breathe us home

#### Take Me to the Bottom of Your Pain

Take me to the bottom of your pain Take me to the weave of your true name Take me, take me to what you require Take me to the heart of the fire Let's stretch to make the leap Let's go to where love must also weep

Take me to the bottom of your pain Take me to the weave of your true name Take me, take me over the rise Take me through all your goodbyes Let's shine through our every disguise Let's go to where love has open eyes

Take me to the bottom of your pain Take me to the weave of your true name Take me, take me right to your core Take me through your hidden door Let's throw away our every alibi Let's go to where love no longer lies

Take me to the bottom of your pain Take me to the weave of your true name Take me, take me past your past Take me where only the sacred will last Let's live where insights lose their mind Let's live where nobody gets left behind Let's go to where love is no longer blind

#### I Come to You

I come to you through it all I am the one who hears your spirit call I am the one who is sky for your dawning light Do not turn from me, even in your darkest night

I come to you through the high and the low I am the one you cannot name but always know I am the one who is earth for your deepest dance Do not turn from me, even in your darkest trance

Love me now, love me full Love me bright, love me day and night I cannot be found because I cannot be lost Love me whatever the cost

I come to you through the heart of now I am the one who bows only to Eternal Thou I am the one who is ocean for your streams Do not turn from me, even in your darkest dreams

I come to you in every shape I am the one beyond all escape I am the one who is fire for what's dead in you Do not turn from me, even in your darkest view

I come to you when love is sailing free I am the one you always feel but don't always see I am the one who is space for what you cannot face Do not turn from me, even in your hardest place

I come to you when love is burning bright I am the one aflame in every sacred site I am the one rising from the ruins Burning, burning through to you until joy is the ground and love is all around until our flesh speaks Truth's tongue until our song is fully sung

Love me now, love me full Love me bright, love me day and night I cannot be found because I cannot be lost Love me whatever the cost

#### Again I Remember

Again I break my need dissolving my pride Again I spill my hurt streaming, streaming wide Again I die letting all the goodbyes tear open my sky Again I whisper and again I roar swimming through the dreamy door And again I join what's above with what's below And again I recognize the One behind the show

Again I fall chained to my lies Again I rise filled with blazing night and newborn cries Again I pump up my will gunning for the holy thrill Again I wake Letting go of both hope and despair no longer seeking something better to wear

Again I reach through the darkness shining wild Again I rock in the cradle of Eternity's child Again I die releasing all that I took to be mine Again I howl prowling through forests of palm and pine one hand on a spear the other on my fear

Again I gaze from one eye my broken body aglow Again I drop my sword watching my blood cut rivers in the snow Again I beat a sweating drum urging you to leave your mind Again I disappear without leaving anything behind

Again I smile touching what's always touched me Again I dance in the fire burning free Again I remember to not turn away from my wounds Again I rebuild the temple rising from my ruins And again I join what's above with what's below And again I recognize the One behind the show

Again I break and taste the final goodbye Again I ride a wave of everlasting sky Again I fall and forget the Sacred Call And again I remember and again I include it all And again here we are in the flesh yet unborn lovers with both the calm and the storm And again I join what's above with what's below And again I recognize the One beyond the show

#### This the Open Ground

This the open ground This the pure eagle's sound This, this the breathing Earth This, this the timeless dream This, this the crystalline stream This, this the breakthrough supreme

Take the grief from your brow Wash away the revenge from your now Go, go where the river's dancing white Go, go where you left your spirit-sight Do you not feel the sacred feather in your hair? Have you forgotten it's still there?

Fly, fly the eagle's sky Ride, ride the eagle's cry Glory every cloud with your flight Leave fiery trails in the darkest night But do not let your mind paddle those ruined lakes Do not drown in all the bloody heartbreaks

This, this is the time to let fly This, this is the time to say goodbye This, this is the time to take hold of the sky Chant, chant your rivers sparkling wild Chant, chant your rivers down to the sea Chant for every bird and every tree Chant, chant the great mystery

Take your hurt to where the river's dancing white Take your past to where the drums beat all night Take your naked spirit into the firelight Let the bare truth raise you tall Until you can see above every wall This, this your spirit's door This, this your farewell to a dead shore

This, this the open ground This, this the pure eagle's sound This, this the breathing earth This, this the holy day This, this the invitation that will not go away This, this the invitation that will not go away

#### Sacred Hymn

O Father of my soul O Breath of my breath taking me through death after death O May I be a vessel for Your Light as I sail through the night

In You I rise and fall pulsing with Your Call ever dying into You am I like clouds into endless sky O Guide me, guide me on, guide me free Guide me, guide me on, guide me into Thee

O Mother of my soul O Cradle of my every birth O Green, green heartbeat of my earth O May I make room for Your Embrace I awaken to You in every place

In You I rise and fall pulsing with Your Call ever dying into You am I like clouds into endless sky O Guide me, guide me on, guide me free Guide me, guide me on, guide me into Thee

O Source of my soul O Joy beyond desire Your Welcome is all that I require as I come alive in Your Spirit-Fire O May I open to You up and down until my heart finds sacred ground

In You I rise and fall pulsing with Your Call ever dying into You am I like clouds into endless sky O Guide me, guide me on, guide me free Guide me, guide me on, guide me into Thee

O Lover of my all O Joy that cannot die O Wonder beyond every goodbye You are forever forever here this is how You must now appear

In You I rise and fall pulsing with Your Call ever dying into You am I like clouds into endless sky O Guide me, guide me on, guide me free Guide me, guide me on, guide me into Thee

O May all things awaken me until there is only Thee O May all things awaken me until there is only Thee

# **MORE POETRY**

## I'll See You There

There's a love too real to die a love that's both ground and sky a love that cannot lie I'll see you there our shared heart alight in even the densest night

There's a bond too deep to be designed a bond that leaves no one behind a bond that does not bind I'll meet you there our connection our benediction

There's a time when every joy's ours to feel a time when every wound is ours to face and heal a time not to explain but to reveal I'll see you there sailing these forgotten straits embracing what awaits

There's a wonder that cannot be defiled a wonder shaping our stride a wonder waking us from the inside a wonder that's both groom and bride I'll see you there opening to every pain until only this remains

### Blue, Blue the Spear's Deadly Flight

Blue, blue the spear's deadly flight red, red the sharp sudden slicing of metal axeblade and sword opening me to the bone

Earth and my falling flesh have a final touch and all this life is stolen in a second I reach without hands — no-body across the dreamy divide's fading space trying to reach you to touch your face but everything only blurs and breaks shock-wrapped in vast heartache One last shrinking glimpse and there's nothing not even black

A tumbling glance later — no telling how long something stirs, unfurls spills colors opens so wide so huge and bright until everything is but sentient light yet if but a single thought does intrude there's an immediate newly constructed world into which what's left of me does step a real illusion with a stellar surrounding cast

I must, must remember, but what? And who — or what — is trying to remember? The worlds tremble, groan fall apart and I am gone pulled beyond gone gone into what I never left but only dreamt I did the invitation still the same: remember to remember what truly matters even when everything shatters

## **Homeward Bound**

When the plunge is not later but now and how is no longer a question and love stretches us beyond our edge our mortality brightening our breath we are homeward bound uprooted enough to find truer ground until suffering is just bootcamp grace a liberating loss of face

When being off the path is the path and we no longer can invest in any disguise nor find sufficient comfort in our usual highs we are homeward bound stumbling on when we tumble down no longer keeping our shadow in the dark knowing we may feel worse before we feel better

When we are brought to our knees and do not flee or freeze rising up through our sorrow no longer romancing tomorrow we are homeward bound joining in for another round holding our fractured selves close and closer still

## **Bathe in This Waterfall**

Bathe in this waterfall of unchained pain letting the shafts of light infuse you with a purer wonder sagging sky and mossed cliffside pulsing in resonance with your wounds and suddenly conscious breath your remembered encounters with death

And bathe also beneath the falls below the cascading white roar down where silent river-pools glisten with roughly terraced grace and crystalline welcome for there you will find more than greenblue embrace more than reflections of former faces more than the stillpoint of joy and grief

And do you not now softly stretching now hear a different kind of thunder a greenly galloping tapestry of original wonder transparent yet increasingly lush with gonged throb and primordial demand

Do you not now however obliquely sense an unshuttered panorama of eyes behind your eyes overlapping dreams that are more than dreams wild-winged shapeshifters disassembling your mind

There is an undoing here an unraveling and reopening a lucid vertigo a macheted clearing a velvet slide a shrieking wasteland a bloody snowfield a sky-making plunge and there is something else too throbbing between the lines and inside the designs a knowingness eluding even the most sublime of semantic nets and spiritual mappings something you have always felt inviting you to the edge of the edge

Permit yourself remembrance not just of history and mental footholds but of boundless presence and what exists beyond the known recalling through your body what is not a something but the raw heart of Mystery the always already paradoxical truth of you

Those who know there is no escape from Freedom die into a deeper Life bathing in a transparency through which they recognize all

#### A Deeper Solitude

I'd been dropping into my solitude whatever the state of my state it wasn't as bad a fit as I had thought a touch tight round the ribcage especially when crowded by the slumping echoes of lonely times my solitude left the door ajar inviting me into its world the more I cherished it the more it cherished me

I was bobbing between buoys far from shore slowly drifting around on a pale turquoise sea denied postcard immortality sleepy wavelets my rocking-chair while I watched the palm-backed beach and the bathers — tiny legless puppets colors splashing spilling, selfing voices faintly dotting the wavy purr and then an unexpected love for all turned me to sea then to shore

A deeper solitude this was connecting more than the dots one vast weave endlessly threaded in which every self remains imbedded aloneness everywhere packed with light

# Seeds Grow in the Dark

Seeds grow in the dark so do we. Let's stop making such a virtue out of the light and more fully turn toward what's in the shadows breathing it in breathing it here until we realize with more than our mind that what we are seeing is none other than us in endarkened disguise Seeds grow in the dark so do we. Let's not be blinded by light let's unwrap the night building a faith too deep to be spoken a recognition too central to be broken until even the darkest of days lights our way

# Attention

The late afternoon sky bruised sagging grey plump with parachuting snow this suddenly silent day ragged flakes squeakily acrunch beneath my boots deliciously cool upon my hatless head streetlamps spilling fuzzy light attention touring the scene buried in its snapshots

And once again attention comes to its senses announcing the arrival of what's been here all along as I remember that the usual me is but a thought away awaiting resurrection to which attention needs to give more than just a mention

## Don't Miss It in the Translation

In the tiny gap the lidless abyss the unborn emptiness uncorked after each outbreath and before the start of the next inbreath is room for all

Out of the blue here's another breath arising — arriving — all by itself filling not just our lungs

Inhale exhale inhale exhale a tide we ride like dreaming drifters forgetting we are being breathed, exactly now another breath departs, disappears emptiness and a deeper emptiness

Silence just said something don't miss it in the translation. We're being invited to hold what we are close by — our every pain and every face so that we might more fully embrace the art of learning our lessons by heart while we roam these dreamlands hungry for what our dragons guard and for what cannot be dreamt being much closer than we think to running out of breath

# Seeing What's Out of Sight

Those who uncover Thee see what's out of sight unless spiritual greed blinds them with light

I've assembled a rough altar from this ragged disguise these avalanching goodbyes I soften before it not minding the broken glass my blood cutting new channels through what I thought I knew carrying no survivors but only Thee

I dissolve in prayer without reducing Thee to a you welcoming my loss of face all my qualities drawing me into their birthplace

What I know is ablaze already emptied of its days gone to nothing in the Holy Deep gone am I yet still here even when there's only Thee

# Taking the Suffering Out of My Pain

Uncovering my roots climbing into new boots my body no longer penned up in my mind my stride not

leaving me behind

Taking the suffering out of my pain teaching my flesh to sing no longer looking for the key in artificial light

Feeling what I cannot name something I cannot tame shattering the grip of time rocketing me beyond

the reach of my mind

Not nailing myself to a goal no longer separating body and soul

Every pain mine to reveal mine to fully feel every shadow chained to a dark time mine to embrace until it's no longer an it but reclaimed me

## Its Rain Willowing My Spine

The poplars bend low shimmering, jiggling an almost brittle chorus line hemming the half-scalped mountainside hulking over this blackening slab of wintry lake its surface jaggedly aquiver in a chill and stormy embrace

Surging waves in crisscrossing chaos jigsawing together and apart jostling fragments far from any lasting fusion each choppy reunion a brief coalition a scattering crowd yet still dreaming of staying together no matter how frayed the tether

The reunion we crave may not be the one we need. An assembly of pieces bound together is far from freed. A crowd's cohesion is far from a true unity the one providing revelation and intimacy without any annihilation of idiosyncrasy

This lakeside wind storms my citadels dismantles my sentinels thrusting me past cultivated reunion not allowing superficial integration its rain willowing my spine its thunder unplugging my mind its touch invading my dreams and schemes its rhythms none other than mine

#### **Universes Between My Thoughts**

Daylight splits the clouds spearing the thoughts campaigning for my attention I shift from now to a deeper time traveling layered territories with sprigs of rhyme for gypsy minds

Tiny awakenings elusively significant crowd the spaces between my thoughts emissaries of what lies beyond the known

Find me between the lines find me before familiarity repossesses me because the daylight's getting thin and what's beneath its skin has me by more than the mind

The path has to be crooked to hold all the twists and turns I am falling through the universes between my thoughts falling so far that down seems up explaining nothing whatsoever while unveiling one and all

And all this in a single moment stapling me to endlessly open space

## Where Love Cradles Fear

When we stop caring who's right we uncover enough heart to recognize what's right about what's wrong finding enough mutuality to be more at ease with our discomfort including the fear of being so close so removed from relational immunity that even the tiniest unkindness can cut to the bone

So brief the time to be together yet time enough to reenter sacred time The day's tasks shout and pull Summer floats by the window like a truant dream while we make shopping lists

and forget to breathe

Now everything's out on the dancefloor the music but embroidered silence the lighting framing every window and door forgotten flowers suddenly in bloom pain and joy arm in arm so much room here where love cradles fear

### **Our Flaws No Longer in the Way**

A fear may be revealed in order to conceal deeper fears even as we bounce between the walls of places packed with childhood souvenirs making believe we're not doing time in bombed dollhouses and crushed forts letting our prevailing habits adulterate and masquerade as us But again our trance unravels — and now marvelously liberating now our past ceases occupying our future no longer are we trying to rearrange our face no longer dying for a better parking-space no longer tearing things apart to make them make sense But again

in one swiftly cutting moment we're flung back stranded in a lesser us one hand on a righteously parental whip the other — so very young heading for the candy or relationship or whatever it might be we'd decided we had to have when we didn't see any way out

And again we climb out of our ruins no longer taking dictation from our wounds our flesh but personalized Mystery our eyes flooded with bare recognition our mind uncluttered our sudden beauty but nakedness of soul our heart broken enough to be whole our flaws no longer in the way

#### When I Lived in an Empty Room

There was a long and unbreathing time when I occupied an empty room hating my shyness hating my broken stride weeping without a single tear my teenage heart

frozen, darkly bound

Starving was I gobbling empty facts seeking the glory of envied report cards despising the cheapness of my victories one more crumpled ribbon pinned behind my forehead one more medal

for the prematurely dead

Trapped, trapped was I my shyness not shy with me thinning with my winning was I feeling dead last my future laid out for all to see long was I impaled on that barren peak mine its tinsel core mine its loveless slopes long was I the slave of others' hopes long did I ache

to be touched

by another's hand

There was a long and unbreathing time when I lived in an empty room the trap mine and mine alone its dungeon echoing with a child's nightmare cries his pain lost

lost in the icy fury of my mind

Down, down came the walls one long day Glad, glad am I to feel that sweet hugely sad boy looking this way now playing in the heart of my stride his shy slenderness now smiling so deep and wide

## So Solid This Does Seem

So solid this does seem so firmly framed and named too here to be a dream or so it does appear until once again unraveling losing shape and adding depth

Eyes behind my eyes open without a thought as half-blind I crawl out of the stand-alone debris that a breath or so ago called itself me

The words sink sink like forgotten dreams sink like lead fists through oceans of cloud sink like post-crisis sighs sink like bait for deep-sea wonders sink, sink out of sight until what they describe rises bright and dripping bare looking at itself through my undreaming eyes seeing what's hidden undisguised

# Life's a Near-Death Experience

Wandering through what we've made of ourselves we are still not all that far away from realizations like the one uncorked by deeply considering that the chains we adopted while alive remain unless shed before our death What happens after we die is what's happening right now we are dying to to truly live dying to give our gifts dying to fully bloom before our final winter leaving nothing in our wake but what really matters recognizing right to our core that Life is a Near-Death Experience

#### When I'm My True Size

Big sky stretching me wide don't know what's gotten into my stride stony path hugging this green rise carrying me running loose and long and isn't it fitting, isn't it fine to leave the known behind

Big sky bloody-gold with forever's birth-cries don't know why it's still such a surprise when I'm my true size carrying me past my past and isn't it fitting, isn't it fine to leave the familiar behind

Big sky holding me free don't know what's erased my history this wrinkled land rising to meet my feet a long uphill and sweat rinses out my eyes and isn't it fitting, isn't it fine to leave what's done behind

Big sky packed with Mystery don't know why it's now home for me each moment already in scattering embers and isn't it fitting, isn't it fine to leave tomorrow so far behind

#### **Plantation Whips**

Plantation whips slice open the cotton-picking day laying crimson hieroglyphics across dark skin She bends cradling every cry heard or not She bends her deeper tears seen by none She bends knowing her labor's just begun

Plantation whips hiss through the sweating air lashing the life out of an unseen shadow She weeps seeing her children crushed low She weeps seeing her man gelded daily She weeps feeling hate eating her away

Plantation whips laying down stars and stripes on those who just don't know their place and also on those that do just in case She watches her eyes flooded with sorrow She watches seeing her man cut low and swinging high

She watches chained beneath a burning sky Africa rises in her dreams hazy and green bleeding under a darkened sun jammed into slave ships headed for worse oversize pain dulled by nightmare chains plantation whips falling in a long black rain

She waits seeing her unborn grandchildren playing far away on some far distant day She waits knowing she is soil for their breakaway She waits growing wiser with her dying She waits singing O all my children to come rise, rise up from me rise, rise up from me I wait for you now and at the end of history

#### **Heart-Anger**

Your rage storms the breath empties the stands jump-starts the room pours through the walls a fiery blast from both belly and heart heat and light working as one

Your rage also weeps drawing from those within reach a sudden softness greening overgrazed eyes and hidden hollows

Your eyes both yours and ours pools of compassionate fury your voice a summons to wake up exactly and fully now!

Not just release this rage but holy fire and baptism fueling needed stands

Your voice burns bright then settles into soft embers Silence moves in takes over your whole body smiling your tender immensity inviting us into truer lands where anger and love go hand in hand

# **All These Spilling Words**

All these papered words hanging in space skewered by gravity pinned down by what they're trying to pin down bleached blank by the light that hatches them All these spilling words leapfrogging over each other so busy making meaning in already-shattered dreams reducing the Unknown to a concept Gazing into the forever wild glimpsing what cannot be seen at the edge of being already at home with all we've been and will be all the breaking apart and breaking open

# **Coming Through the Gates**

Coming through the fabled doors legs a bronzed blur heels a winged delight gates inlaid with divine dreams storybook clouds piled dark and boiling bright blue burns the night trembling with so much to put right

Coming through a deeper door skinned to the core longing passing pride off drops the armor off falls the epic headgear ablaze is the root of fear the supreme dreamer closer than near

Coming through a vaster door heart rising through resurrected eyes flesh earth and stars mind cloudless sky cradling broken cities' concrete cries Death's not the final goodbye

## **Greener Than Green**

The ground plunges up darkly padded to meet — embrace my bare feet crushed lemon balm rushing from my fingertips' tiny greenish stain deep into my brain — sudden scentuality bouquets of melissa bursting above my palate

The softly flickering rain pure caress soil a ragged and burnt shade of dark plumply edged with neon indigo flowerbeds in greener than green reality-exposing scenes bloom-sagging vines bending squeezing me tight densely purpled scent

blitzing my skull with light

The soil sings muted backup for what stirs and stretches below it pale tubes of sunlight stripe the garden

And it all begins silently and ecstatically screaming screaming so soft and so deep screaming and screaming the sap, the nectar, the bursting life all the reaching green green, green, so green soaked in green My blood rushes brakeless and hugely awake through my roots branches and trunk fleshing out the pale lilac-fringed blossom atop my spine blood-gold petals opening the once-soft place atop my head while the earth plunges up through my breathing feet the breeze stained with lavender and traces of stormy sea and through my waking eyes the gardener gazes silently crying for this no more than this quietly working in even quieter bliss

#### The Flowers of Disappointment

Lonely are the flowers of disappointment Who picks them, loves them cradles their scent? Who sees their shy petaling? In our ordinary daily unsung grief we come undone in so many ways not seeing beneath the breakage bits of upstart green minute missiles breathing open

our too solid ground

So many upflung buddings emerald lips aquiver some become flowers of hope some of disappointment How seduced we are by hope's bright flowers romancing tomorrow while rejecting disappointment's flowers withdrawing from their fragrance yet it's that very scent that reminds us of a place where entrapping dreams must shatter where what really matters

cannot help but matter

Disappointment, unrejected embraces me its touch cool unadorned sobering but is it what I want? I go for more than asking disappointment's gift is rooted not in questions but in something much closer to home. Disappointment bleeds through my dreams humble and secretly green interrupting me disrobing my trance the torn fabric not something to repair but to see with eyes for which disappointment is not disappointing

### Somewhere Past the Edge

Somewhere past the edge there's a place with no name I'll meet you there I'll be wearing my latest face though I know it may disappear as soon as I let you in

Somewhere past the edge there's a place owned by none but belonging to all I'll find you there I'll be leaning on my crutches secretly waiting for you to light the match feeling the flames already wrapping me

Somewhere past the edge there's a place with no history I'll greet you there home sweet home the Holy Deep filling every room your smile saying nothing to fear everything's right here

## Notes from the Abyss

When what is happening is not what is happening and the ground is nothing but quicksand and familiarity vanishes eating our maps there come ripplings in broad daylight fissures in the twilight just big enough to squeeze through but only if we take nothing with us

You want me to stop speaking in riddles but the final detox includes being at home with paradox

## The Feeling of Being

Before thought, feeling Before feeling, sensation Before sensation, presence Before presence, this

Before persona, soul Before soul, this birthing us out of the blue not yet separating journey and goal not yet broken enough to be truly whole

Before now, a deeper now Before time, this never not already here older than fear

Feeling is the first and last tongue revealing more than can be said or sung

Feeling is relational electricity rendering us capable of intimacy

The feeling of Being pervades us whatever the scene whatever the dream wherever we may be our every emotion both sail and ocean

## **Perception Reception**

My attention flips through optical data raindrop-bombarded puddles with jiggling sunset rims on an asphalt pause in a potholed alley one puddle half a hand wide sheds its name and frame softly cutting through my assumptions that I know what I'm actually seeing

What's seen starts holding less attention than the act of seeing peekaboo slivers of other-light slip in behind my eyes immune to retinal lust

I see, says blind me reaching for his latest lenses misunderstanding the entire spectacle I glimpse what makes more than sense while my mind eases into speechless space my attention more on presence than perception no longer minding sensory deception as it seeks to improve the reception

## Discobolus

Discobolus — ancient companion poised upon your pedestal of ambition and petrified fire frozen in a shapely crouch packed with frozen desire ever prepared to further coil and unfurl and let fly your stone discus watching it arc up up and away leaving no trace in the laureled sky

You are stone yet you feel hints of inner cracking secretly awaiting the bursting of your untouched center

Discobolus — containing all the crushed years when hurling a discus was my highlight reel my adolescent stab at immortality

Discobolus — gloried ancestor something below your pitted surface yearns to unwind yearns to awaken beyond your design to breathe and grieve Something within is cracking your hidden heart aching to leave your protection your solitary perfection

# **Pilgrims at the Crossroads**

Getting sicker with each new cure clearcutting today to secure tomorrow sidestepping a grief beyond sorrow not seeing beneath all the fury and fuss the crushed yet leafy reach of an emerging us

Pilgrims are we all too often tied up in well-educated knots and cultural headlocks our sky then no more than the ceiling of our loftiest thought

Pilgrims stalled at the crossroads missing what's more secure than security more moral than morality more us than we can imagine

Fear is the threshold and also the ticket home when we cease turning away stop waiting holding our fear close cradling in our hands the dragon's heart

#### Stranger at the Gate

When young and on the road I'd dream of a great future but my history remained behind the scenes directing me more than I thought however novel my days the old repossession blues keeping me in the loop another spin of the wheel trying to outlast my past cards face up one-eyed kings wild my trying to be someone really special obscuring what was pulling the strings

Down the tubes I again go implanted in a mouthless hello thrust into the bloody marrow of rude arrival explanations just confetti aflame in a cosmic storm

But here's something upstaging my mind my dying flesh lit by its blooms all my self-making devoured once again Hello to the stranger at the gate your face in one hand mine in the other erased ready again

### Making More Than Sense

Dying the body undying the love again we enter these rooms of longing and promise through lovers' dying cries through resurrected goodbyes through lagoons of seductive night through all the recycled shock and fright pausing to rest in the fiery dark of an unsleeping eye

Dying the body undying the love dating a deeper time outshining its every design and how the passages pulse and gleam with the long-awaited rendezvous our need to know moaning blue so very old so very gone in the incandescence of holy dawn

Love feasts on us with us until we can no longer stand apart from the already open secret of our awakening heart

## Swinging in a Locket of Mind

Oak trunks darkly clad in ivy root his still sleepy gaze leafless branches sprawling out

like muddy prehuman stick-figures like summer-hungry children's bony arms

waving in dawn's dirty-yellow light skinny sharply angled muted contortions providing a fractured framing not only for the jagged blue wind but for the secret ache behind his glance

Tattered birdsong thin and shrill embroidering the winter chill

The lonely face of a long-ago self floats across the window almost transparent a half-fractured eggshell with no mouth

The night's dreams drift nearby a sprawl of warped shimmering rectangles spilling too much to remember vapors of would-be meaning flee through the glass elude his sudden grasp riddled and cut into disappearing pieces by the daylight

And still a larger dream holds him tightly enraptured dumbly captured swinging in a locket of mind ivy-bound and mute assuming a wooden reach

Such a busy still life such a narrowly framed hustle such a stranglehold of mental muscle his face a smeared window bound to its shutters his oaken torso dreaming of luminous axes biting right to heartwood bloody sap tracing new horizons surrounded by windowless sky and a suddenly green backyard that at last makes him cry out the long-denied goodbye

# **Explaining Nothing**

To transcend yourself be yourself

Life makes sense once we stop trying to make it make sense

We are dying to fully live entering a love older than creation a love that empties our mind a love that is its own sun our bodies a marriage of gravity and unbroken light explaining nothing and recognizing everything leaving us where we've always been in every possible scene

#### **Every Face**

Every face a roadmap but who will read the hidden lines? Every face an open sky but who will cradle the clouds? Every face the Supreme in unique bloom but who will see the difference between the eyes? Wingprints brushing away the sky dirty dishes in sudsy embrace tiny moments suddenly vast none of it holding still because none of it is a something built to hold still Every face a saga of weave and twist a personalized intersection of then and now as well as the Supreme in cameo tales in every line even as we lean toward outgrowing our design

## **But Still Mattering**

Not only does it all matter but remains at the edge of being already shattered less than atomized dust scattered in far memory

Let the words shed their meaning until what they point to rises bare and alight amidst the fast-mixing ripples the smallest of the small packed with the presence of the vast each arising passing so very fast but still mattering requiring for its birthing all that ever was

We're in a remarkable position no matter what our condition the frontier everywhere words evaporating — just like us consumed by the aura of a faraway fireball singing traces of personified song leaving nothing but what's been here all along

## **Traveling Was I**

In alleys of long-ago longings overgrown with disowned pain crowds of would-be me's wandered loose trying to turn a profit from the rubble spawning new batches of survival schemes shrinkwrapped in the same old dreams

In ancient arenas a youth sprinted hard sun-dappled and fleet before phantom crowds stone discus awaiting his bronzed touch and spin plundered temples entombing him in bloody marble sacred circles holding his last breath

Traveling was I through voluptuous wastelands bound in mind-knots dreamy wraps, steamy pitstops caught in the neon ricochet of overloaded thoughts until my trance did break and in my dreams I lay awake being in body what I was in spirit

No resurrected achievements enthroned here just this wild grace that nothing in particular can replace since it wears every face

## A Deeper Surrender

No fighting this endless perishing any more don't need to have things be as before the lines of my face speak of more than my years my body no longer minding my mind's fears

No righting this sinking ship don't need a longer-floating trip my hands no longer obediently bail avoiding death is the surest way to fail

No more relighting these old candles my heart keeps seeing endless emptiness while breaking open to hold all of this

No igniting what's gone to ashes don't need to redo my crashes my dying flesh brightens as it ages No fighting this endless dying any more my hands expand reach out far and wide then return the circle newly whole dying into a deeper life

#### Memory

When memory becomes a self-erasing screen and today drifts by almost unseen the shell housing our core sometimes cracks a little and time, time leaks away unlatching gates we'd locked long ago dropping us deeper into now

This is a passage not bound to our years don't bother asking for maps just take the time to take the ride knowing it's fine to daydream and also to scream as we white-knuckle the corners don't try to pin the view sightseeing can be blinding

Settle deeper into now not bothering to ask how Just take the ride until there's very little left between what's outside and what's inside less even than the echo of what you were while doing time in your solid mind

## His Such a Familiar Land

When the sun bulged atop the stubbled hills cloud-light blushing away the day a lone man long past his middle years squatted by the riverside on a pitted lip of dark stone his thoughts but shipless river-froth his gaze unfocused but steady

In the thickening twilight he sits undisturbed looking through unthinking eyes his voice the river's his breath the sky's his such a familiar land

his an ageless stand

By the river's edge he sits lily pads cupping shards of moonlight wild dog-packs crying behind the fading hills

Again and again we have killed him our shadow stained with his blood and still here he is offering no perfect path no final rung no nirvanic immunity but only the half-written poem of us our uncovered need sprouting new depths our eyes suddenly awash with whitewater our necessary leap vastly ashiver spilling our mind into the river the night sky unveiled the Great Mystery obvious as it's incomprehensible

And here's the shadow of a shadow by the riverside taking us where the river begins and ends his such a familiar land his such a reality-unlocking stand

#### Incandescent Ice

Draw forth your thunder, my drummer stick stroke inflame blur coax your drums until their skin moans gallops hums spreading the passion-beats riding the speeding pulse beating it into incandescent ice wild as it's precise rocketing through the roof of what's unborn blasting through every tindrum sideshow until the room loses its floor ceiling and walls leaving nothing but this

This music flames through what's hidden luring forgotten songs from weary faces pulling me past its edges past its design freeing me from what I took to be mine This music turns me inside out skinning my confusion disarming my doubt

Everyday life but a solidified dream its music a shadow of this music its melodies but variations of a broken note this music obeys a much deeper beat not being stuck on endless repeat heard without ears sound within sound its heartbeat our deepest ground

## **Neuroses Out Getting a Tan**

The city sparkles an outbreak of wobbling tinsel across the milky blue flats of the sun-slicked bay its concrete canyons flimsy as barbequed thoughts but who really cares now that summer's here? Beach-chatter willowing over the dimpled sands neuroses out getting a tan

Unzipped days stretch out drunk with light baked beauty slaloming through beached flesh but who really cares now that summer's here? Let profundity wait for a chillier spell days blurring into an eternal weekend

Thought I'd something deeper to say but my fingertips keep sticking to the keys my voice surfing away upon the lazy blue air

What we are is never out of season even when we act without reason but who gives a damn now that summer's here? Birds embroider the cloudless sky children bicycle the streets away out the door we go beachward bound armed with towels and breezy dreams looking for a place to lay down beneath the summertime sun and cook until we're done

### My Stride Not Yet Mine

Hummingbirds unstitch dawn's dense mist exposing bowlegged cliffs backing a boulder-fringed rendezvous of ocean and Vancouver Island rainforest It was 1976 and far from I was I trying to get more of what I didn't need looking all about for a way out without having gone in walking the ocean's edge day after solo day slowing to gaze at broken shells and plump anemones in tidepools awaver with fragments of my face

I'd a quarter-mile of undisturbed beach Eagles otters deer bears my company sea-lions roaring midnightly near where I slept my roar a frozen fist trying to emigrate to my mind my grief bundled and gagged but never far behind

Alone was I stranded along that wild edge Aching with what I was housing pacing along my rainy shore trying to outwalk and outtalk my pain gathering shells lining them up on the windowsill of the tiny cabin I'd built from beach wood

My stride not yet mine my dissatisfaction not yet an ally my gypsy ways entrapping me

There was another shore unseen and unknown its echoes muffled inside my shadow I was so near but could not yet hear though I knew I could be much freer

Two months later I left my cabin an abandoned playpen my shells still adorning the windowsill my stride not quite so far from being mine

## **Before Meeting Diane**

Paths strongly interlocked may before death still part despite the protests of attached hearts sometimes separation is what love requires no matter how compelling the mutual desires

Now we've the company of a goodbye we no longer can deny you with your view and me with mine entering the winter of our time this distance in which we are taking root this apartness we cannot refute I step through our leaving already having done most of my grieving

Our bond seeded with its ending beyond any kind of mending something never really fit there wasn't enough ground and calling for it

I step into the end of our time welcoming the tomorrow of your absence welcoming this parting that separates what needs to be separated

Now silence and silence alone says what must be said

## The Green Longing

Clouds acurl and sky a dimpling pearl plumtrees blossomed all around robins tugging at the dewbright dawn yanking pink spaghetti from the ground

Emerald buddings tender and ashiver lips starting to open moistly aquiver Spring has burst splitting Winter's seams greening seedling dreams

Spring pours through the stiff damp breaking Winter's knotted clamp bringing forth its green arts visual music for awakening hearts

So easy not to fully feel so easy to disconnect making a virtue out of recoil locked into shallow soil

False Spring smiles from glossy covers featuring the masks of fashionable lovers marketing notions of rejuvenation and distraction from unpleasant sensation

So much grasping at plastic embraces so much invested in giving Winter Springtime faces and what a sad and broken run it is from all the pain a flight through skies without real sun or rain

But a remedy for Winter Spring is not despite the popularity of contrary thoughts seedling wonders honed by Winter's icy hands rising renewed from such darkened lands

Spring asks only for a letting go of the old asking that new life be allowed to unfold

What madness to let anything divorce us from Spring's wild green forces the bare longing surging green so green in even the most battered being

The green longing beyond every high alive behind even the hardest eye the green longing within and all about pulsing through even the thickest doubt shining through both seen and unseen

## **Bus Station Meditation**

Greyhound station a long time ago glistening blues zigzagging up and down shadow-free dirty white walls housing the stink of diesel and travel fears plastic flowers atremble on the midnight cafeteria table overseeing someone's deserted dinner

Soon my bus will lumber in and swallow me and my sledgehammering headache cocooning me out of this massive casket

It was one of those nasty half hours denied postcard glory my forehead aflame my nerves doing double time the table tipping with

my head-heavy elbows

My breath suddenly drops its suitcases I stop dreaming of nicer places

I take a seat in my pain my suffering fades my thoughts but dried scraps at the edge of my plate. Nothing else to do while I wait released from the tyrannies of bus-longing dropping down through the timetabled buzz parachuting down into my everywhere ground sitting easier with the garbage and the glitter the crippled glance, the cocky stance the fluorescent hustle, the grime and bustle the cold grey rumblings of this hulking concrete cave this transfer womb packed with promised zoom my still buzzing headache inviting me not to fix its pain but to sit with it for a bit until it and I are on the same side ready for the needed ride

## **A Deeper Adios**

(Written right after my father's death in 2009)

Horses, horses, horses — thoroughbreds all munching on just-mowed grass heads swaying in steamy stables sprinting in blurs of hard-leaning power saddled with your racehorse dreams of glory horses, horses, horses — your first love more your children than I ever was one hand on the reins the other on what could be the boy in you gripping the mane riding full-speed bareback Aiming for big wins at the racetrack until the man got saddled by other needs

Horses, horses, horses on your walls and in your dreams mine too when I was young fields and fields of horses straining to be unbridled to soar over every fence leaps you wouldn't take

The last time I saw you your mind had a mind of its own your memory had shed its grip You were doing time in dementia's no-one's land fiercely vise-gripping my hand as we were saying our usual goodbyes and there was a tiny sideways wildness in your eyes something unbroken and young something galloping free just for a blurring moment —

a long unbridled moment when what was looking through your eyes at me was looking back at you through mine just for the slightest fraction of a speeding moment in which our difficulties as father and son receded before something vast something unsaddled by any name

You and I were not close never had been I grew up knowing you didn't like me but the last time I saw you we met for a bareback sliver of a moment me on my wild steed you on yours saying a silent goodbye

Horses, horses, horses I remember being with you at the racetrack six long decades ago all the gleaming horses and parading excitement jockeying for position the high-strung smell of stables and sweat the snorting intensity the promise of big payoffs staining the air

The racetrack announcer always wrapped up a day of racing with "Adios, amigos!" and so now I say to you a deeper adios may you ride into the grassy mesas of the Great Mystery and may you ride unsaddled and unbridled until horse and rider operate as one beneath an undying sun

## **One More Nap**

(For my mother, who died in 2021)

Did you ever think when you were not yet twenty pursued by your husband-to-be that you'd one day turn ninety-six looking out over a farm that you didn't choose crosswords calling to you from inside hayfields calling from outside daily naps a consistent delight your days now (with your husband gone) like one long day with no pressure to please no more dinners to make just getting through another day

All the years gazing out your kitchen window at fields and fields of horses over-adapting to your husband's world your dreams deep in the background making no sound

Motherhood came early five very different children all the library books you brought home feasts for me sanctuaries I loved how patiently you listened When I so very young insisted that you had to read all my Tarzan books

You and my father had little in common I watched you endure your narrow world wanting to protect you from him and hating myself for not being able to even as I watched you always putting him first

I couldn't wait to leave the farm I dove into a very different life you heard my adventures staying put but enjoying them like a good book telling me that you didn't know how I did it

Ninety-six years inching toward one last nap into which you dissolve without any fuss

## **Uprooted Until I Find Truer Ground**

The shoreline pulls me closer sand hard-pressed shimmering wide tucked under sheets of slumping sky surf's thunder and a deeper thunder within and all around and I'm ground ground to sand drowned in torrents of broken cloud spilling shattered against another shore my blood-rise the ocean's roar

Bonelessly I slow walk the rippling sand sea-gossamer making islands out of my feet I let the wind have my many faces letting the sky swallow my ambition

Something whispers: give me your hidden fear something sings: give me your shield and spear something shouts: give me your despair something calls: let me electrify your step brighten your stride unbuckle your pride undam your heart free your belly and throat burst through your skull and ribcage looking through your flesh and eyes until you know without thinking know it's you looking through everything at everything no longer lost in your roles recognizing the Real in every scene

And now my body is no longer just mine now all my bodies sing and weep rise and fall the body unbound the body bright, the body dense the dream-body, the daily grind body the body doing time the body shattered the body reborn, the body Divine the embodiment of every possibility flesh of mud and stars flesh of gravity flesh of joy, flesh of history body after body, body within body all speaking their mind in infinite tongues

I arise both as cloud and endless sky cradling my own birth cries this sagging sky pulled taut templed by pearly pillars of light broken waves pouring through all I see

This I walk, letting the day have me uprooted until I find truer ground the Mystery making itself plain and I've nothing nothing to attain as I ride this wave of endless ocean

# And We're Also the Flesh

Life outlives us yet we are Life don't just chew on this as metaphor it is and also something more something to bite into so fully that the juices of what matters most stain what we're wearing ----about which I'd surely speak If my words were not already fading sea-gossamer out of breath upon the waiting shore and if I was not already eaten by what cannot be said beaten into endless transparency while rocking in the cradle of stories that cannot be told

We are Light and we are Darkness and we are also the flesh be it of mud or stars born and torn between the two yet already the One inseparable from the broken many

# POEMS TO DIANE

#### Airport Blues I (April 2005)

Silver arrow piercing the night Los Angeles a fiery grid far below I'm strapped-in under artificial light flying north while my heart flies south

I find your van on the freeway and sit on the empty seat beside you touching your cheek your shining hair I know you know that I'm there sadsweet forever's in your smile knowing we've only a short while

So little time to be together but time enough to flesh out forever time enough to live a love sublime your presence running wild inside me until all that remains is undressed Mystery When you sing my blood takes wing When you sing I touch everything

Freed by this meeting so raw and sure this recognition so deep and pure so much had to happen before this all the wandering the trying, the dying and into the heart of our longing we go I its wordsmith and you its songstress

You're touching me in many rooms each alive with full-blooded knowing again I kiss your throat so slender and so very tender back, back falls your head my poetry all over the place Silence sings between your sighs deepening the bare beauty of your cries When you sing my blood takes wing When you sing I touch everything

#### Airport Blues II (September 2005)

So again — again! — we parted letting the pain sweep through knowing it was coming didn't make it any easier

Blazing sea of clouds below clear superblue skies up here and I'm raining inside our parting ripping me wide

We found a half-private corner airport crowds streaming past being undistracted by them was easy letting you go was not

We stood tenderly trembling in our little concrete corner wrapped in our shared heart knowing we'd very soon be apart I leave but am not leaving

I carry our parting kiss up the bustling stairs leaning into the buzzing hustle looking back at the space between us

Beloved, take my hand let's travel through every land until separation cannot keep us apart and we are what beats our heart

# What Then Shall I Call You?

Not just in love's sobering swoon but in all we do you and I are without name to each other. What then shall I call you?

I know your true name but for it there's no word only this naked knowing that speaks and sings of you through all we are and all we do

When navigating the daily grind sometimes — rarely — I call you by your everyday name and how strange it sounds! I know it's not the one for you for I remember your true name the one that has no word but only the pure feel of you the way you turn your head and so happily lean into me as we windingly walk hip to hip joined right to the core in the vastly liberating bondage that full intimacy can be the signature of your being written everywhere in me seen and unseen

#### **Only This Love**

In the deep of your womanly wilds and your sweetly compelling otherness I am at rest and homeward bound You are my harbor and heartland the ground of my ground my intimate in all we do our no-exit mutuality our baseline reality our intimacy our odyssey

These waves we're riding are the waves of which we're made the waves for which we've prayed

Both together and alone we stretch beyond the known until we rest in unbroken light clearer than any insight twin flames doing whatever it takes to hold and shine through every heartbreak

This is love's doing the love before the beginning the love that expands without thinning only this love can bend the light only this love can hold all the history only this love can contain every view only this love can shape the light shapes like you and me transparencies unveiled divinely detailed

#### My Solo Travels Are Done

Your face a landscape my eyes love to wander your gaze an oasis for my gypsy ways l've done time in many places running out of land with nowhere to stand

Your face a familiar mystery my hands and eyes know by heart your deep-awake electric flesh luminously entangled with mine transparent to the divine yet still so exquisitely personal in this full-blooded container for two this fierce grace holding all that we are

Your face an ever-eloquent territory I have committed to far memory your naked recognition of me all the welcome I need

My solo travels are done our shared heart my sun as we together die into the undying One without forgetting the broken many

## **Husband of Your Heart**

This edgeless depth we share this fluid mutuality so bare this quick-kindling ecstasy leaving us awake and easy in love's ever-virgin eternity

We trade the slightest glance and our flesh begins to dance soon an ocean of conscious electricity a communion of sublime simplicity uncovering the one through the two again meeting beyond what we knew

Your delight in my newly shaved head and in how I worded what I just said My delight in your unwavering care and in the familiar deep of your gaze is but part of a very long list that began long before we first kissed

The more we blend the more we don't end the more we hold what's dying the more we're held by the divine expanding without thinning to include each other our only shared name that of lover I the husband of your heart you the wife of mine long have we been apart now we have our time bound together yet free twin flames of intimacy

# This, This the Beauty

This silken glide this succulent ride this deepening dying this joy beyond trying this melting mutuality this everwild commonality this rupturing rapture this, this which no telling can capture this pleasure beyond pleasure this depth none can measure this the heartland of bliss this the Holy Deep's pure kiss this, this the art that cannot be framed this, this the beauty that cannot be named this, this the love that cannot be contained

#### Hold My All in Yours

Long the seasons of preparing have been stretching for the needed ripening now you hold my all in yours as I hold yours in mine can't count all the doors can't remember all the dyings but you, you I remember I love this brief but timeless rendezvous and love that you love it too recalled from head to toe as into bare Mystery we flow in this heart-sealed container for two making room for our true size and the work we were born to do Our bond is without plateau guiding us past what we know the wonders of the obvious lining and lighting our path with colors swaying and pulsing bright blossomings of reality-unlocking arrival bouquets of everfresh intimacy

And upon our shared palm rest a few dying petals still richly lit appearing as distillations of you and me so purely and surely us all dramatics aside wrinkles, whitening hair and all the fading revealing everything that is needed through each tiny immensely vivid moment giving us enough time to do what we must no matter how short the season

# Reconnection

When the two are one and the one appears as the two and details are not allowed to block our view and we don't reject what's mute or broken we're both contained and unbound occupying and stretching love's frontier disarming and outbreathing our fear

Your touch easily reaches my core unraveling my knots on the way a love too real to be spoken easily occupying me breathing me deep breathing me here breathing in all we are Breathing out all we were Holding both steady and tender

Our shared time packed with timely forever abloom with what nothing can sever

One glance and what's needed is said one smile and the distance is shed one tremor of disconnection one breath of rejection and my task is simple: remember to remember to see through whatever seems to be in the way of my loving you without delay no matter how dark the day no matter what my distractions might say

#### Until Love's All My Body Can Say

In the long darkness you again come to me bringing needed rest and sanctuary

The sky softly explodes with dawn clouds tinged with my bleeding I am emptied but not gone swept into the far knowing of your song surrounded by my dreams' debris approaching a geography of care where love only deepens the mystery

I've fallen hard once again you catch me in your gaze and out spills all my pain until love is all my body can say

I awaken more than entwined with you your all and mine an uncommonly easy fit. Freed are we through this vessel for two knowing we've come far too far to quit

In the time beyond time you come to me

reminding me of our long-shared ground as I pour into our everfresh familiarity my shape clearly cast and unbound

I've fallen hard once again you cradle me in your gaze and out spills all my pain and the knowing the knowing that overflows the joy, the joy that speechlessly knows all the dyings large and small that bring me alive

# Undressing Me from the Inside

Your eyes endlessly here endlessly warm and wide undressing me from the inside

Your touch effortless balm effortlessly attuned and awake holding me where I once did break

Your love surrounds me ceaselessly kindling my core inviting me to leave this manmade shore

And again I freefall through all that we share the holy deep clearly everywhere

With you I both take root and fly fleshing out both stand and sky I reach across the sheets for you crossing more than time in the crucible and sanctuary of our deepening mutuality

# **Further Baring Our Shared Heart**

We touch and our flesh parts further baring our shared heart the smallest shift the lightest touch undoing universes of solidity giving us deepening ground for our ever-evolving bond so nakedly personal spiritually full-blooded from toe to crown immersing us in a rare intimacy a sacred yes and mutuality that both binds and frees

Wherever I touch you I touch all that you are while recognizing what I am anew

My hand cups the side of your face drinking in its angles its shapely softness hearing the stirring of tales too old to be told eloquent expanses of pure knowing eluding any translating

My hand is no longer

just a hand I'm touching something so vast and sweet something so boundlessly deep something cradling our total mutuality until we are more mystery than history never so alive in our intimacy our uncommon bond seasoning and freeing us even as we feel the breath of our death brightening every room of our remaining time

#### **Our Shared Ripeness**

I awaken with your imagined absence wrapped around and further ripening me I feel your death and mine closer than my next breath

Not that I mind this it carries me even closer to you until your breath is mine quietly pulsing with our living and dying

Our late-life dance overflows with its ending brightened by its remaining slice of time and the abundance of our shared ripeness There's so much to bring forth so many gifts ready to be shipped a few more decades would be great but there's much we can now do with just enough juice to carry it through

Beloved we are so ripe the riches of our shared labor now so ready to be harvested dropping down into our rising hands already on their way to waiting lands no ladders needed for the picking the weighted branches bend low all their bounty falling, falling all the ripeness of a full life a life intimate with its passing

Beloved we are so ripe our bodies so clearly aging a mix of gravity and unbroken light cradled in our shared heart our offerings now our final fruits our gifts to all shared in full

And my gift to you? Living in endless love with you and through you until all that remains is what's been here all along we its pure melody twin notes of its song

#### Meeting Me in the Holy Deep

I see you holding your pain and the pain of the world see you cradling its cries see you tending its broken wings I see you looking this way meeting me in the holy deep You are my harbor and sky beloved sharer of my heartland

Our mutual history without beginning our bodies thinning alight with all the dying the music playing us the notes not needing any translation Every goodbye deepens the tale ripeness staining whatever we wear allowing ever fuller care

Things are getting creakier bones taking their time our moves slower our height lower the ground closer our step losing its spring but not its reach Leaves raggedly dance down coloring remembered winds branches stiffen sap shrinks but how the roots fly!

Things are winding down as they must, so we're told

but there's no sinking and less and less thinking Fabled rocking chairs await us on vanishing porches final breaths of dreamt deaths but have we ever been so alive? The moment trembles, bends with the weight of light gratitude the core practice darkness shining bright

I see you back home again singing loving harmony with everything you are I am never other than with you whatever our form whatever our form whenever our time whoever we may be

The daily grind the business of mind the dying bodies the heartbreak and glory the pain and all the stories do not separate us This we know and this we are brought together again me downstairs writing this you upstairs cleaning up the snow is still falling a ragged crystal shawl cradling our house with plump silence cradling the soft fire within the mutual warmth of us I stop writing I see you seeing me our love does the rest

# Since I First Heard Your Voice

It's been a long stretch Since you reached across a thousand miles and ages of history to reintroduce yourself to me that first touch of your voice singing the echo of a hello through the phone lines easing me greatly I'd been without you for so long that I didn't remember I'd forgotten I still like to linger on the first sound of you I hear it now and I curl up in it like a lion unbound from his wandering there's that first sound of you music without trying to be music and all the rest of you follows fresh amidst all the weathering the eloquent elegance of your face

I see you seeing me my armor shed what's left steps into you Into the field of us both of us undressed while our bodies creak in the winter the chill of a thinning sun warmed by the fire of our thousands of days and all our ways of moving through our last chapter

# **One Touch From You**

One touch from you transports me to my core your gaze held for just a few seconds fills with what's deeper than depth and all the great moments of our well-seasoned dance hold me in an avalanche of kindness

The end of our final chapter is already speaking to us deepening our care for each other pointing us to what outlives death while reminding us of the wonder of each newly arriving breath hummingbirds visiting your flowers watching you watch them is such a delight our aches and pains leavened with insight our shared heart holding so many our time overflowing with unspeakable recognition

## Which of Us Will Die First?

Which of us will die first? We talk of this at odd times the moment flares bare and bright across the dinner table or somewhere else

What will the one who is left do? no sure answers here other than a bedrock knowing that's okay with not being okay how easily we shift into marveling at what happens in just one day for most of our days

So much to navigate as we sail into tomorrow's wilds our horizons near and far pouring into our shared being like holy melting gold finding new ground and fresh color in the boundless ease of our gaze

The mysteries of the obvious illuminating our days another shared breath does its rounds if you die before me I will recognize you everywhere and if I die before you I will be everywhere you look inside and outside our aching and our love holding us as we come apart undone yet respun the end that's in sight is not the end

#### **Another Smoky Summer**

Another smoky summer I was insisting it's a bummer when you with great care told me that my complaining was nearing the threshold of being draining how right you were! we even bet that I'd keep fussing I took the challenge haven't complained since even though the smoke is still hanging around reducing the sun to a bleached potato you have stepped into me many times leading with your heart not soft, not hard but bedrock real thank you for again interrupting me helping me get back on track when I've derailed myself

No resting on elderhood's wise perch for me. There's a deeper resting In our shared gaze as we ease into our edge we're walking slower now the vehicles need more and more care but what fuels us remains in ample supply our final chapter expands so much room for so much more which we will explore be we in sun or smoke

# Warm in The Winter of Our Days

I rest in your recognition of me settling into the long stretch of our history your face softly cupped in my hands as I stand behind you letting my touch slow down well-seasoned are we, feasting on what we've made of ourselves warm in the cozy winter of our days our bones full of our heartbeat new doors awaiting our reach

What dies and what doesn't die are not really so far apart theirs is an endless dance you and I know by heart I rest in your recognition of me feeling into what we are doing behind the scenes In travels glimpsed like the gossamer of some dusty dream at memory's far edge questions about final partings arise the answer lies in our gaze its radiance more than light its surprise pure revelation its welcome cupping our bond pouring us into new lands

## **Outshining Our Decline**

What your presence radiates is love and more than love you recognize me this I instantly see as I see you seeing me we light up across the dinner table the winter dark softly framing us the poetry gets very simple all the complexity needing no explanation

Even when we're not connecting We are still in connection plugged in all the way our deep dive so present and so alive including when we're exhausted bending under the weight of the daily grind even as something else shows up outshining our decline

The poetry meanders carving subtle channels in our autumnal topography my wordplay stumbles my phrasing blurs and we smile our shared living spilling its colors out of which we continue to arise the mysteries of the obvious calling us home

# Eyes That Are More Than Your Eyes

Your undressed beauty effortlessly radiates through your every form your everyday angelhood and oracular singleness of eye both newborn and from a time preceding time You sit before me planted solid and true your body smiling your forehead an open gate eyes that are more than your eyes tenderly stripping me down to the barest basics with such clear care that I happily surrender to the one seeing me like this the one behind the deepest door the one who is never other than you whatever the place no matter what I do You abide on a throne that's neither higher nor lower getting closer than close to reading without analysis whoever is sitting before you unrehearsed words emerging from you bearing a power that is not yours but is yours to share You are deeply at home with connecting the dots on every level

revealing a three-dimensional weave from many times times too easily forgotten lost in the daily grind's mind but no rush no hurry from you a timeless pool spreading around you and me into which you do more than dip amid opalescent silver and blue I marvel that we get to be together until one of us dies dissolves in Mystery and even then who's to say we still won't be together in one form or another? You are a sacred clearing In which core matters get translated into something edible or at least digestible You are a heart-medium an ego-free oracle my beloved co-traveler partner in all things no matter what our age your heart my homeland You take and keep taking your true seat a deeply human angel transmitting both message and sanctuary I take refuge in you deep currents of our communion ushering me down to home ground big sky and all the rest of it in your gaze

# Your 70<sup>th</sup> Birthday

You're having a late nap and I'm looking out my windows at a leafy emerald sea we are starting again happy for all the rain we are returning to old stomping grounds taking perhaps our last stand our final chapter has more pages than we thought no matter what our years doors behind doors inviting us to pass through our recognition of each other has no end our cats laze in the container of us, their naps curled into our days thought I'd more to say but this is all that's left: love and an ever-deeper love rooting us in many lands and endless sky we walk heart-to-heart through all the details and what remains when it's all gone our death already here deepening our living just another door nothing more it doesn't matter what you're saying your presence touches me in all places and all times

# **Together Again**

Together again our final chapter the richest read yet pages turning themselves the end just more mystery just like our mutual journey I love feeling you so near wherever we may be our communion cannot be broken only paused countless years pass in no time at all we have shared roots seen and unseen ancient yet still green we have shared sky starlight unmasking us revealing landscapes older than history the Mystery beckons abiding in its own infinity showing up as us through all we do this doesn't explain anything but reveals everything about which we don't need to speak although I now and again try to wordsmith it about which you eloquently smile as we let our days arise infusing the hard ones with deep care

remembering to remember pages turning themselves the upcoming end not the end

Winter blooming bright packed full of Spring Birth and Death bound together a love beyond love already here cradling us reminding us awaiting us unlocking Reality as we further ripen even as our bodies creak and more easily tire our shared bounty gifted to one and all our shared heart still my sun

# About the Author

Robert Augustus Masters, PhD, is a pioneering psychotherapist and group leader, relationship expert, and psychospiritual guide and trainer, with a doctorate in psychology.

He's also the author of many books — including *Transformation Through Intimacy, Spiritual Bypassing, Emotional Intimacy, To Be a Man,* and *Bringing Your Shadow out of the Dark* — and the audio program *Knowing Your Shadow*.

His intuitive, uniquely integral work blends the psychological and physical with the emotional and spiritual, with an emphasis on full-blooded embodiment and awakening, emotional authenticity and literacy, deep shadow work, and the development of relational maturity.

At essence, his work is about becoming more intimate with *all* that we are, in the service of the deepest possible healing, awakening, and integration.

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