

Breakthrough Counseling Intensives for Couples & Individuals

with

**Robert Augustus Masters, Ph.D.
& Diane Bardwell Masters**

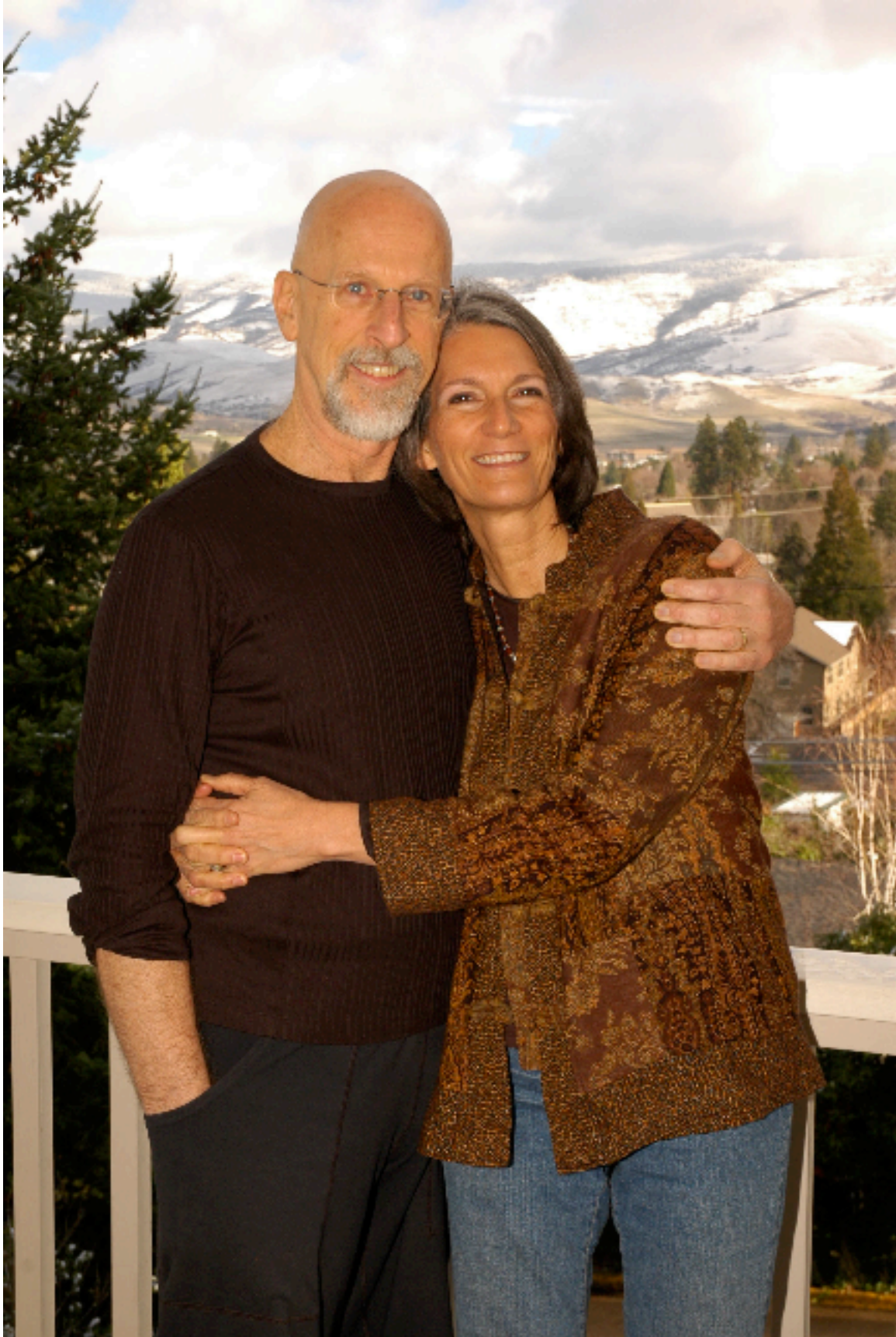
Imagine an approach to healing and well-being that dynamically, intuitively, and creatively integrates cutting-edge psychotherapy, bodywork, relational dynamics, and spirituality with extraordinary effectiveness and efficiency.

Also imagine that this approach does not rely upon nor operate from any preset methodology, but rather allows structure and direction to arise in fitting accord with your real needs, whether in individual or couples contexts.

And imagine that this approach is as vital as it is subtle, as empowering as it is sensitive, as expansive as it is grounded, as liberating as it is practical, as emotionally and psychologically literate as it is spiritually attuned. Put all of this together, add a generous dose of compassion, and you'll have something approximating Robert and Diane's way of working.

They are both present for every session, working in very close conjunction — as befitting their unusually close relationship — teaching the art of awakened, optimally functioning intimacy/relationship not just with a partner or significant other, but also with every aspect of our being.

Transcendence and quick fixes are not the priority; real intimacy, awakening, and integration are. (The more intimate we are with our anger, for example, the more likely we are not to use it in life-negating ways. This means not a bypassing or meditating-away of anger, but an up-close exploration/illumination of it and our history with it.)



Robert and Diane occupy a unique place in the field of healing and awakening and relational work, bringing together the psychological, physical, emotional, energetic, sexual, and spiritual in an intuitive, deeply empowering integral manner.

Through their strongly intuitive, method-transcending way of working, they deal just as fully with the personal and relational as with the spiritual. Those whom they counsel are taught, among other things, how to turn *toward* and enter their pain so that they might pass through it, rather than rising above, spiritually bypassing, or otherwise avoiding it.

This is not about finding freedom *from* limitation, but *through* limitation (including the apparent limitations of committed relationship). In Robert and Diane's work, our dragons are seen not as obstructions on our path, but rather as *part of our path*, to be encountered and known from the deep inside, so that we are rendered far more capable of appreciating and making wise use of the treasure they are guarding.

In Robert's words: "At essence our work is about becoming more intimate with all that we are — dark and light, high and low, shallow and deep, neurotic and transcendent, dying and undying. Such intimacy is at the very heart of the healing we need, bringing us into the intrinsic wisdom, compassion, humor, and joy of Being."

ABOUT COUPLE AND INDIVIDUAL INTENSIVES

Couple and individual in-person sessions with us are opportunities to very efficiently and very effectively get to the heart of – and to work through – whatever issues or concerns you may have. A typical intensive involves 5 to 6 hours of sessions with Robert and Diane at their home in Ashland, Oregon, spread over 3 days. This is usually plenty of time to do the needed work, though a longer stay is even more beneficial. (Ashland is also a lovely destination, a cultural oasis cozily nestled in the mountains of southern Oregon.)

Sessions combine in-depth conversation with an intuitive blend of cutting-edge psychotherapy, bodywork, emotional opening, dreamwork, relational deepening, meditateness, and coaching, in an atmosphere of deep care and safety. (*Couple intensives include both couples work and individual work, often in the same session.*)

Depth is invited, but not forced. Breakthroughs, however common, are worked with in a manner that allows proper digestion and assimilation of whatever energies and insights have arisen. Post-session practices and homework are provided, to help support and ground the work done.

What is needed usually becomes clear in the first session. The work that follows catalyzes and makes room for deep healing and integration (and intimacy-enriching connection for couples). Though this is not always easy, it remains a powerfully illuminating and fulfilling and transformational process, making more than possible the living of a deeper life, a life of wholeness and integrity and relational well-being.

Individual intensives are \$200 per hour. Couple intensives are \$225 per hour.

For more information about Robert, go to
www.robertmasters.com

For more information about Diane, go to
www.dianebardwell.net

For more information about their online work (teleconferences, courses, discounts on sessions and groups, extensive library of Robert's writings, and so on), go to
www.masterscenter.net

ARRANGING INTENSIVES

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